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(303) 933-8282  
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## **PRE OPERATIVE INSTRUCTIONS**

**What can I eat/ drink?:** Please have nothing to eat or drink 8 hours prior to surgery. You should take all your normal morning medications, with a small amount of water only, unless instructed otherwise by Dr. Esposito. **DO NOT EAT OR DRINK PRIOR TO YOUR APPOINTMENT.** If you have an afternoon operation, you may have a light breakfast at least 6 hours prior to your scheduled surgery.

**What should I wear?:** Please have nothing to eat or drink 8 hours prior to surgery. You should take all your normal morning medications, with a small amount of water only, unless instructed otherwise by Dr. Esposito. **DO NOT EAT OR DRINK PRIOR TO YOUR APPOINTMENT.** If you have an afternoon operation, you may have a light breakfast at least 6 hours prior to your scheduled surgery. Please wear loose fitted, comfortable clothing. Short sleeved top with long pants is the ideal attire. This will facilitate placement of appropriate monitoring and intravenous access. Women please **DO NOT** wear eye make-up and remove nail polish when possible.

**Who should come with me?:** An ESCORT must accompany you to the office that can drive you home. Please make arrangements for the escort to wait in the office until the procedure is completed.

**When should I take my preoperative medicine?:** Please take your pre-operative medications 45 minutes prior to your appointment.

**What should I get ahead of time:** Please arrange for someone to accompany you at home during the first several hours after surgery. Additional ice packs would be helpful to reduce your post-operative swelling. These can be found at most Walgreen and Rite Aid pharmacies. Please have A&D ointment or Vaseline available to moisturize your lips after surgery.

**What should I do to prepare?:** Please prepare to pay for the surgical procedure on or before the day of surgery.

### **Alternate Questions?**

Please do not hesitate to contact the office should any questions arise.  
Daniel E. Esposito, MD, DMD (303) 933-8282